



<b>Report To:</b>	Overview Committee, East Lindsey District Council
<b>Date:</b>	Tuesday 25 <sup>th</sup> March 2024
<b>Subject:</b>	South & East Lincolnshire Partnership's Healthy Living Board
<b>Purpose:</b>	To provide an update on South & East Lincolnshire Partnership's Healthy Living Board and recommendations from SELCP joint scrutiny's review of Health & Wellbeing across the subregion.
<b>Key Decision:</b>	N/A
<b>Portfolio Holder:</b>	Councillor William Gray, Portfolio Holder for Communities & Better Ageing and Chair of SELCP Healthy Living Board
<b>Report Of:</b>	Emily Spicer, Assistant Director – Wellbeing & Community Leadership
<b>Report Author:</b>	Roxanne Warrick - Healthy Living Strategic Lead
<b>Ward(s) Affected:</b>	ALL
<b>Exempt Report:</b>	NO

### Summary

South & East Lincolnshire's Healthy Living Board was established to provide a sub-regional platform for health, local government and third sector organisations to come together to reduce health inequalities and improve health outcomes in South and East Lincolnshire.

The Healthy Living Board provides a focus for resources and partnership across the social and economic determinants of health across Boston, East Lindsey and South Holland.

Further to South & East Lincolnshire Partnership's Joint Scrutiny on the Council's role in Health and Wellbeing and the remit and work of the Healthy Living Board, this report provides an update of local activity in response to the recommendations made by the panel.

This report is being presented to each of the South & East Lincolnshire Partnership's sovereign scrutiny committees.

## Recommendation

The committee note the remit and purpose of the Healthy Living Board, the update on local partnership work and response to the joint scrutiny recommendations.

## Reasons for Recommendations

Further to adoption of the Lincolnshire District's Health and Wellbeing Strategy and Joint Scrutiny on the Council's role in Health and Wellbeing, the Healthy Living Board were invited to provide update to the committee.

### 1. Background

- 1.1 In February 2023, East Lindsey District Council adopted the Lincolnshire Districts Health and Wellbeing Strategy, which provided the Council with a framework for improving local health and wellbeing and reducing inequality.
- 1.2 The strategy was initially developed during 2021 and refined during 2022 and although there have been some contextual changes since then, such as cost of living challenges and changes to local health structures, the key levers available to District Councils remain consistent. **Lincolnshire District Councils' Health & Wellbeing Strategy Executive Summary is attached at APPENDIX 1.**
- 1.3 The strategy is structured around five 'lever' areas where District Councils are uniquely positioned in the system to influence and where they can most effectively work with partners to deliver sustainable change.
- 1.4 For each lever area, Lincolnshire Districts defined a strategic framework of activity for each lever area and supporting activities and outputs.
- 1.5 A summary of the five 'lever' areas and overarching objectives:

**Housing and homelessness:** Improve the supply, quality and coordination of services to meet housing needs and demands

**Activity and wellbeing:** To address inactivity across the county – improving access and opportunity for all residents to be active and participate

**Environment and climate:** Improve understanding of the links between environment and health and maximise opportunities to deliver on both simultaneously

**Economic inclusion:** Reduce economic inequality and alleviate poverty as a fundamental driver for improving mental and physical health and wellbeing

**Working with Communities:** Leverage unique links at place level to engage with communities.

1.5 South & East Lincolnshire Councils Partnership established a new Healthy Living Board (HLB) to provide local governance and oversight for partnership work to deliver the Healthy Living plan actions. **SELCP Healthy Living Board Terms of Reference is attached APPENDIX 2.**

1.6 In March 2024, the committee received a report outlining a review and recommendations following a South & East Lincolnshire Partnership Joint Scrutiny of the work of the Healthy living Board and evolving Health Living action plan.

## **2. Report**

2.1 The Joint Scrutiny panel followed key lines of enquiry to assist in prioritising local activity to address health inequalities. They concluded that although **not a statutory remit**, it is important SELCP continues to use its influence and work closely with external partners to facilitate opportunities to reduce health inequalities and improve outcomes.

2.2 Following initial discussions and recognising both the broad scope of 'healthy living' and the Council's role, the panel chose to focus on **two lever areas**:

- *Activity and Wellbeing*
- *Working with Communities*

2.3 These areas of focus were considered the priority due to the direct link back to SELCP Subregional Strategy 'Healthy Lives' priority:

- *Work with the Healthy Living Board to deliver the Healthy Living Action Plan*
- *Reduce health inequalities for the social and economic benefit of our communities through voluntary and community sector engagement*
- *Target resources, with partners and linking back to economic development and funding opportunities, to improve access to health services and to improve health facilities*

2.4 The Joint Scrutiny panel made recommendations for consideration as the Healthy Living Action Plan continues to evolve and local partnership opportunities arise. The focus was to give a local steer to the HLB and **identify priorities** across SELCP.

2.5 There were 9 recommendations were made by the Joint Scrutiny panel, some of which were identified as local priorities based on existing HLB actions.

2.6 The recommendations on local priorities have been welcomed Council Portfolio Holders and SELCP Healthy Living Board members. They have been included in the board papers for noting and further consideration by the HLB and external partners.

2.7 The comments from the committee have been noted by the HLB particularly in respect of queries on how low activities were being promoted across East Lindsey ensuring both inclusion and the shift to prevention.

2.8 Local updates on East Lindsey initiatives are being provided to the committee on behalf of the HLB in response to the recommendations made.

### **3. East Lindsey – local update on joint scrutiny recommendations**

#### ***3.1 Recommendation 1: To make better use of green spaces to maximise opportunities for residents and visitors to be active***

3.1.1 New East Lindsey Investment Fund includes a ‘accessibility and inclusion’ project to better understand the barriers to accessing the district’s green spaces and beaches. The HLB will be working with Healthwatch Lincolnshire to highlight resident and visitors’ accessibility issues.

3.1.2 Let’s Move Lincolnshire ‘activity finder’ has been further promoted to networks to help make people aware of free, local outdoor activities and ‘ways to get active’ including walking routes and groups.

#### ***3.2 Recommendation 2: To review green open space in our communities and explore ways of using it better by working in partnership***

3.2.1 ELDC have commissioned a review of Sport Facilities and Open Spaces; this work has been led by planning policy with oversight from the HLB due to the importance of open space and outdoor activity for health and wellbeing. This will provide the HLB with an assessment of quantity and quality of all types of open space, sport provision and informal outdoor recreational opportunities to inform future projects.

#### ***3.3 Recommendation 3: To develop opportunities to positively influence internal / corporate decision making***

3.3.1 The HLB have extended membership of the officer working group to include other SELCP services where there may be shared outcomes. For example, oversight of the Lincolnshire Clean Air project which also contributes to the NHS ‘health inequalities’ agenda and collaboration with the Climate and Environment Team on twin aims to reducing fuel poverty and carbon emissions.

#### ***3.4 Recommendation 4: Community engagement at all levels to increase the trust and confidence of residents.***

3.4.1 HLB overseeing ongoing partnership with East Lindsey community groups and projects including:

- **Community Leaders Forum** – giving a voice to community groups, partners and community leaders, giving us a better understanding of our communities and what matters most to them.
- **Social Isolation Grants** – support and grants available to community hubs or groups who are helping tackle social isolation and reduce risk of loneliness.
- **Trusted Volunteer Scheme & Volunteer Charter** – in recognition of the valuable contribution of volunteers in our community and to ensure they are supported
- **Age UK Lindsey** – to help older residents stay informed, connected and active. Including household budgeting advice and grants support for those households struggling with utility costs.

- **Household Support Fund** – providing grant funding for household essentials to local food banks, community larders and support projects.

3.5 ***Recommendation 5: To ensure equality of access for people from diverse backgrounds, for example those with disabilities, both hidden and visible, or language barriers.***

- 3.5.1 Active Lincolnshire are key partners in the HLB and have Equality, Diversity and Inclusion officer who works with SELCP to advise on equitable access to facilities, provision of information and support for residents at risk of exclusion.
- 3.5.2 The HLB continue to review accessibility of information, advice and promotion of local services including the Council's ReciteMe toolbar across all ELDC webpages. Reciteme enables translation of text into any language, screen reader (audio tool to read out in preferred language) and other accessible reading aids and formats.

3.6 ***Recommendation 6: Bring together current discussions and approaches around community development, the role of leisure and culture and future collaboration.***

- 3.6.1 The HLB have developed a close partnership with Active Lincolnshire and have secured opportunity for SELCP to engage in Sport England 'Place Expansion' programme. East Lindsey has been identified as 'priority place' and the SELCP HLB has provided national funders with the governance and confidence to extend pilots across SELCP.

The place expansion pilots are in development stage but will provide opportunity for community groups to work with leisure, culture and health services to overcome barriers to activity and reduce health inequalities. East Lindsey will be one of 53 places to receive a portion of £250m national investment to strengthen communities and get people more active.

3.7 ***Recommendation 7: Further develop District Councils preventative approach.***

- 3.7.1 A key area of work for SELCP HLB is helping people live and age well in our communities. ELDC are established members of the UK network of Age-friendly Communities with over 80 other places committed to creating inclusive and supportive environments for people of all ages.
- 3.7.2 The Age-friendly approach to prevention is supported by Public Health and recommended by the World Health Organisation. The age-friendly community 'framework' is used as a lens to view a place and collect data, build partnerships and commit to actions under these areas to reduce inequality and promote wellbeing.
- 3.7.3 Ensuring resident can access and navigate information, advice and support is essential to prevent isolation, poverty and escalation of poor health. The HLB, in partnership with Lincs Digital (*Lincolnshire based Digital Inclusion charity*) have successfully delivered a community-based digital inclusion project. This has helped residents with essential digital skills, access the national data bank and supported them to use NHS, health and social care apps.

3.7.4 The Household Support Fund (HSF) has been successfully delivered locally by the SLECP Healthy Living Team since its launch in October 2021. The fund directly supports households in most need with household essentials such as food, utilities and clothing. The funding has helped prevent financial hardship which can exacerbate poor physical and mental health.

The total local allocation, administered by ELDC Healthy Living team under each phase of the scheme is shown in **Table 1**:

<b>HSF 1</b>	<b>OCT 2021 - MARCH 2022</b>	£612,551
<b>HSF 2</b>	<b>APRIL 2022 - SEPT 2022</b>	£684,190
<b>HSF 3</b>	<b>OCT 2022 - MARCH 2023</b>	£502,959
<b>HSF 4</b>	<b>APRIL 2023 - MARCH 2024</b>	£1,333,614
<b>HSF 5</b>	<b>APRIL 2024 - SEPT 2024</b>	£378,529
<b>HSF 6</b>	<b>SEPT 2024 - MARCH 2025</b>	£445,293
	<b>TOTAL</b>	<b>£3,957,136</b>

**Table 1: East Lindsey District Council local allocation for each phase of the Household Support Fund scheme**

3.8 ***Recommendation 8: More active promotion of local services in each area of the Partnership***

3.8.1 HLB have engaged the Council’s communications and engagement teams on better promotion of support and services including raising awareness of national and local projects and campaigns. This has included a review of ELDC ‘Community & Wellbeing’ pages to include cost of living, warm space and community support and grants available.

3.8.2 New East Lindsey Investment Fund includes project to develop ‘community wellbeing maps’ that identify venues, groups and organisations that offer support, activities or advice.

3.9 ***Recommendation 9: To review progress with the Healthy Living Board and report back to members via an all-member briefing session.***

3.9.1 All member briefings on Health & Wellbeing have taken place and there is now access to local population and health data on SELCP intranet. The HLB look forward to hosting future briefings as required; dates will be confirmed and details circulated to all SELCP members.

**4. Conclusion – joint scrutiny recommendations**

- 4.1 The recommendations made by the Joint Scrutiny panel and their steer on priorities have been incorporated into the Healthy Living Board Action Plan both for reference and to inform future partnership work.
- 4.2 The steer and input from SELCP members on local priorities and needs of the communities they represent are **essential** for the HLB to ensure it can fulfil its strategic objective to ensure the collective resources found within the health, public and voluntary sectors across South and East Lincolnshire are work together to address health inequalities across the sub-region, whilst improving health outcomes for all residents.

## **5. The Campus for Future Living**

- 5.1 The Campus of Future Living (CFL) is East Lindsey's flagship Mablethorpe Towns Fund project and key focus for the HLB due to its significant potential to address local inequalities. **Campus of Future Living background summary is attached APPENDIX 3.**
- 5.2 The £8.6 million Towns Fund project supported by the Connected Coast Board provides opportunity to bring transformational health, wellbeing, research and community services to this area of the Lincolnshire coast.
- 5.3 Acis Group will be the operators of the site and are working in partnership with ELDC and Lincolnshire Institute for Rural & Coastal Health to establish a CFL Strategic Oversight Board support the CFL to achieve outcomes and meet the shared aims.
- 5.4 HLB have CFL as a standing agenda item to ensure robust oversight of the project and ensure ongoing strategic support from SELCP.

## **Implications**

### **South and East Lincolnshire Councils Partnership**

The SELCP Healthy Living Board and oversight of local actions, ensures the collective resources found within the health, public and voluntary sectors across South and East Lincolnshire are strategically focussed on addressing health inequalities across the sub-region, whilst driving up health outcomes for all residents.

### **Corporate Priorities**

The following SELCP Corporate Priorities are supported and delivered by SELCP Healthy Living Board:

Boston Borough Council – ‘Priority 1 - People Focused’  
East Lindsey District Council – ‘Maximise healthy and active lives’  
South Holland District Council – ‘Your health and wellbeing’  
South & East Lincolnshire Council Partnership – ‘Healthy Lives’

### **Staffing**

There are no direct staffing implications arising from the noting of this report.

### **Workforce Capacity Implications**

SELCP Healthy Living team is 2 F/TE but successfully work with partners to align local deliver and strategic ambitions.

### **Constitutional and Legal Implications**

There are no constitutional or legal implications arising from the noting of this report.

### **Data Protection**

There are no data protection implications arising from the noting of this report.

### **Financial**

There are no financial implications arising from the noting of this report.

### **Risk Management**

There are no risk management implications arising from the noting of this report.

### **Stakeholder / Consultation / Timescales**



Internal and external consultation took place as part of the Joint Scrutiny panel's lines of enquiry. The Healthy Living Board is a platform for partners to work together and provide oversight and governance from across the sector.

## **Reputation**

Through establishing the SELCP HLB and working with partners, the sub-region has governance in place to collaborate on improving health and reducing inequalities.

## **Contracts**

There are no contractual implications arising from the noting of this report.

## **Crime and Disorder**

There are no climate change or environmental impact implications arising from the noting of this report.

## **Equality and Diversity / Human Rights / Safeguarding**

There are no specific implications arising from the noting of this report.

SELCP joint Scrutiny highlighted the need for the HLB to consider diversity and inclusion in the access to services and local provision to reduce health inequalities.

## **Health and Wellbeing**

The purpose of the SELCP establishing the HLB is to provide a sub-regional platform for organisations to come together to reduce health inequalities and improve health outcomes.

The HLB provides a focus for partnership effort on improving the circumstances that make up the social and economic determinants of health across the sub-region.

## **Climate Change and Environmental Implications**

There are no climate change or environmental impact implications arising from the noting of this report.

## **Acronyms**

SELCP	South & East Lincolnshire Council's Partnership
HLB	Healthy Living Board
ELDC	East Lindsey District Council
HSF	Household Support Fund

<b>CHRONOLOGICAL HISTORY OF THIS REPORT</b>
<i>This update from SLECP HLB has not been previously considered by a Council body.</i>

<b>APPENDICES</b>	
<b>Appendices are listed below and attached to the back of the report:</b>	
<b>APPENDIX 1</b>	Lincolnshire District Councils' Health & Wellbeing Strategy Executive Summary
<b>APPENDIX 2</b>	SECLP Healthy Living Board Terms of Reference
<b>APPENDIX 3</b>	Campus for Future Living Background
<b>BACKGROUND PAPERS</b>	<b>Background papers used in the production of this report are listed below: -</b>
<b>Document title</b>	<b>Where the document can be accessed</b>
<i>Lincolnshire District Councils' Health &amp; Wellbeing Strategy</i>	<i>East Lindsey District Council Executive Board (February 2023)</i> <a href="https://democracy.e-lindsey.gov.uk/documents/s68779/">https://democracy.e-lindsey.gov.uk/documents/s68779/</a>
<i>SELCP Joint Scrutiny Report of the Healthy Living Action Plan</i>	<i>East Lindsey District Council Overview Committee (March 2024)</i> <a href="https://democracy.e-lindsey.gov.uk/ieListDocuments.aspx?CId=113&amp;MId=6802&amp;Ver=4">https://democracy.e-lindsey.gov.uk/ieListDocuments.aspx?CId=113&amp;MId=6802&amp;Ver=4</a>
<i>SELCP Sub-regional Strategy 2024/24 - 28/29</i>	<a href="https://www.selcp.co.uk/SRS">https://www.selcp.co.uk/SRS</a>
<i>Let's Move Lincolnshire – 'ways to get active'</i>	<a href="https://letsmovelincolnshire.com/">https://letsmovelincolnshire.com/</a>
<i>UK Network of Age Friendly Communities</i>	<a href="https://ageing-better.org.uk/uk-network-age-friendly-communities">https://ageing-better.org.uk/uk-network-age-friendly-communities</a>

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